

Memorial Anteunis 25: Session: 2: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 13:30 untill 14:20. Teamleadmeeting @ 14:15 Relay line-up input: The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BREASTSTROKE WOMEN 11-17 Heat:13, starttime: 14:55

Heat: 13/13 Lane : 0 Athlete: VERVLOET ZOË Q-time: 01:15:87

PB (25m pool): 01:15.87 Maastricht 30/12/2024 PB (50m pool): 01:16.56 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.65		01:15.87	
	00:35.65		00:40.22		
					

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-17 Heat:19, starttime: 15:46

Heat: 19/20 Lane : 4 Athlete: VERVLOET ZOË Q-time: 00:59:54

PB (25m pool): 00:59.54 Maastricht 30/12/2024 PB (50m pool): 01:00.40 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.99		00:59.54	
	00:28.99		00:30.55		
					

Coach feedback: